

# Raising Awareness of the Impact of Parental Conflict

**FREE training for Luton & Central Beds**

**This new FREE interactive workshop is aimed at those working or volunteering in *Central Bedfordshire or Luton* with parents/ carers or families (including expectant parents and those co-parenting but not in a relationship).**

**This session will help you to...**

- \* Understand the impact of parental conflict on children and young people
- \* Understand why constructive conflict is okay but there are triggers in a relationship which may cause distress
- \* Explore the significance of early involvement and the key differences between destructive and constructive conflict.

Click [here](#) to find out why reducing parental conflict matters.

Sessions are delivered via TEAMS; joining instructions will be sent up to 48hrs before training.

**Book your FREE place:** visit [www.safeguardingbedfordshiretraining.co.uk](http://www.safeguardingbedfordshiretraining.co.uk) and click 'Log In/ Register'. Please search for the course title for more details. **Central Bedfordshire Council** staff must book directly through *Success Factors Learning Management System (LMS)*.

**Need help?** Email [learningcentral@centralbedfordshire.gov.uk](mailto:learningcentral@centralbedfordshire.gov.uk)

Date	Time
Mon 27 <sup>th</sup> Sept	3.30-5.30pm
Mon 4 <sup>th</sup> Oct	1-3pm
Mon 11 <sup>th</sup> Oct	9.30-11.30am
Mon 25 <sup>th</sup> Oct	6.30-8.30pm
Sat 6 <sup>th</sup> Nov	10am-12pm
Mon 15 <sup>th</sup> Nov	1-3pm
Mon 29 <sup>th</sup> Nov	3.30-5.30pm
Sat 4 <sup>th</sup> Dec	10am-12pm
Mon 13 <sup>th</sup> Dec	9.30-11.30am
Mon 10 <sup>th</sup> Jan	1-3pm
Sat 22 <sup>nd</sup> Jan	10am-12pm
Mon 31 <sup>st</sup> Jan	6.30-8.30pm
Fri 4 <sup>th</sup> Feb	9.30-11.30am
Sat 12 <sup>th</sup> Feb	10am-12pm
Mon 21 <sup>st</sup> Feb	6.30-8.30pm
Fri 4 <sup>th</sup> Mar	9.30-11.30am
Mon 14 <sup>th</sup> Mar	1-3pm
Mon 21 <sup>st</sup> Mar	9.30-11.30am
Fri 25 <sup>th</sup> Mar	1-3pm

