



Citizens Advice Mid Bedfordshire is open for online and telephone advice

If you live or work in Mid Bedfordshire, you can contact us for advice on a number of issues including: Benefits, Employment, Debt, Housing, Relationships and much more. We are here to help, so to get in touch you can...

Fill in our online form at midbedscab.org.uk/get-advice/email-us

This is the best way to get through to us as quickly as possible. Don't forget to give us permission to call you if more information is needed.

Call us on **01767 601 368** or **01525 402 742**

For up to date information on when our lines are open go to our website, www.midbedscab.org.uk

During lockdown you can also text us on **07594 639 574**

Please include your name, postcode and tell us if we can leave a voicemail when we call you back.